

JUICE

Size is specified on check.

64 OZ. PLASTIC, GLASS OR REFRIGERATED PAPER CONTAINERS
100% fruit or vegetable juice and 100% vitamin C.



Any flavor



Any flavor except Apple Cider



Any flavor



Any flavor, no V-Fusion, Splash or Smoothie



Campbell's Tomato



Any brand



Any brand



Any brand



Hy-700, Indian Summer, Lucky Leaf, Mossman's, Seneca

11.5 OZ. – 12 OZ. FROZEN CONCENTRATE
100% fruit juice and 100% vitamin C.



Any brand



Any brand



Any flavor with yellow tab



Any flavor except Apple Cider, Pomegranate or Tart Cherry

11.5 OZ. – 12 OZ. NON-FROZEN CONCENTRATE
100% fruit juice and 100% vitamin C.



Any flavor



Any flavor

Not included: Beverages, cartons, cocktail juices, fruit drinks, juice drinks, organic juices or reduced acid.

Babies are born to breastfeed!

FISH

For fully breastfeeding moms:

5 oz. can or up to 7 oz. pouch light tuna or pink salmon or 3.75 oz. can sardines, regular or low sodium, packed in oil or water.

Not included: Albacore tuna, King Oscar sardines, organic flavorings.

FRUITS AND VEGETABLES

Dollar amount specified on Cash Value Voucher.

FRESH WHOLE OR CUT (INCLUDES PLAIN BAGGED)

Not included: White potatoes, farmers' market, salad bars, party trays, fruit baskets or nut mixtures.

Questions?
Just call your local Indiana WIC clinic
or call 800-522-0874.



Indiana State
Department of Health

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WIC APPROVED FOODS

Effective September 28, 2009
through September 30, 2010